

Use a 'Whole-Part-Whole' approach	<input type="checkbox"/>	Use mainly decision making practices	<input type="checkbox"/>	Competent technical knowledge of all positions	<input type="checkbox"/>
Understand & apply principals of LTAD	<input type="checkbox"/>	Develop strategies for, and play from:	<input type="checkbox"/>	The Kick off (receipt & chase)	<input type="checkbox"/>
Counter Attack/Turn Over	<input type="checkbox"/>	The Line-Out	<input type="checkbox"/>	Scrum	<input type="checkbox"/>
Open Play (including ruck/maul)	<input type="checkbox"/>	Defence	<input type="checkbox"/>	The Kicking Game	<input type="checkbox"/>



Good technical knowledge of all positions Work and take a lead role with other coaches	<input type="checkbox"/>	Excellent technical knowledge of one unit Regularly attend coaching development opportunities	<input type="checkbox"/>	Develop sound presentation skills	<input type="checkbox"/>
Work with & consult coaches/players in developing a game plan	<input type="checkbox"/>	Gain experience in working with district/county/academy players	<input type="checkbox"/>	Plan Coaching sessions & player development	<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>	Keep up to date with current/new coaching ideas and application	<input type="checkbox"/>



Regularly self reflect and review	<input type="checkbox"/>	Encourage/empower players to be more involved in session planning	<input type="checkbox"/>	Observe/analyse players movement behaviour	<input type="checkbox"/>
Understand/use Game Sense	<input type="checkbox"/>	Use a questioning style to help players	<input type="checkbox"/>	Use problem solving activities rather than just drills	<input type="checkbox"/>
Modify session plans according to previous sessions/games	<input type="checkbox"/>	Use a variety of coaching techniques	<input type="checkbox"/>	Action Plan to change coaching behaviours	<input type="checkbox"/>



Use and understand player/positional profiling	<input type="checkbox"/>	Understand the principals of and use goal setting with your players	<input type="checkbox"/>	Develop good presentation skills (using AVAs)	<input type="checkbox"/>
Use and understand team profiling	<input type="checkbox"/>	Regularly undertake and use match analysis	<input type="checkbox"/>	Use player and team profiles to assist in devising game plans	<input type="checkbox"/>
Use/be familiar with video analysis	<input type="checkbox"/>	Use & Understand seasonal planning	<input type="checkbox"/>	Develop a team ethos	<input type="checkbox"/>