

2018-19 Scrum Variation and replacements by League / Cup

Male Leagues		
League	Scrum Laws	Replacements
Premiership	Full	Not more than 5 but not less than 4
National 1	Full	Not more than 5 but not less than 4
National 2 & 3	Full	Not more than 4 but not less than 2
Premiership play-offs	Full	Not more than 7 but not fewer than 5
Caledonia 1	Full	Not more than 4
Caledonia 2 Midlands	Full	Not more than 7
Caledonia 2 North	Full	Not more than 7
Caledonia 3 Midlands	Full	Not more than 7
Caledonia 3 North	Full	Not more than 7
Caledonia 4 Midlands	Full	Not more than 7
Caledonia 4 North	Full	Not more than 7
East 1	Full	Not more than 4
East 2	Full	Not more than 7
East 3	Full	Not more than 7
West 1	Full	Not more than 4
West 2	Full	Not more than 7
West 3	Full	Not more than 7
Reserve National 1	Full	Not more than 7
Reserve National 2	Full	Not more than 7
East 1 Reserve	Full	Not more than 7
West 1 Reserve	Full	Not more than 7
All other Reserve Leagues	U 19 Variation	Not more than 7
Cup up to Quarter Finals	Full	Not more than 5 but not less than 4
Cup (Quarters, Semi & Final)	Full	Not more than 7
Shield (regional stage)	Full	Not More than 4
Shield (all matches in national stage)	Full	Not more than 7
Bowl	[1]	Not More than 7

[1] Full scrums in any Bowl match between two clubs playing full scrums in league.
U19 scrum Laws in all other matches.

Women's Leagues		
Premier	Full	Not more than 5
National 1	Full	Not more than 5
National 2	U 19 Variation	Not more than 5
North	U 19 Variation	Not more than 5
Development	U 19 Variation	Not more than 7
Cup	[2]	Not more than 7

[2] U19 scrum Laws except in any match between clubs playing in Premier or National 1.